

Group: Hannah Guy

Storyboard Form

Page 1 of 3

Date: 01/29/2025



Transition Crossfade

Set shown with logo and topic of the video.

Narrator: "Welcome! Here, we try Different recipes and today the Diet will be pescatarian."

Scene 1

Shot Full shot

Duration 15 Seconds



Transition Cut

Host smiles and addresses the camera

Narrator "Today, we're making a Delicious meal. It's grilled salmon With quinoa salad and lemon Mint water."

Scene 2

Shot Medium Shot

Duration 25 Seconds



Transition Fade

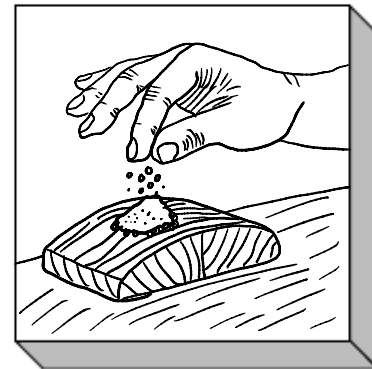
Camera pans over each ingredient That will be used.

Narrator: "You'll need salmon Quinoa, tomato's, cucumbers, Lemons, mint, and few other staple Ingredients."

Scene 3

Shot Close-Up

Duration 30 Seconds



Transition Zoom

Host seasons the salmon with salt

Narrator: "Start by seasoning your salmon with herbs and a pinch of salt."

Scene 4

Shot Close-Up

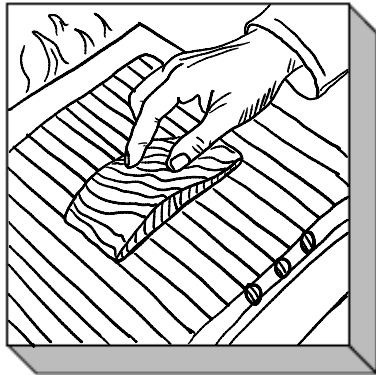
Duration 20 seconds

Group: Hannah Guy

Storyboard Form

Page 2 of 3

Date: _____



Transition Dissolve

Host places salmon on the grill/stove

Narrator: "Grill each side
for 3-4 minutes
Until golden."

Scene
5

Shot High Angle

Duration 20 Seconds



Transition Cut

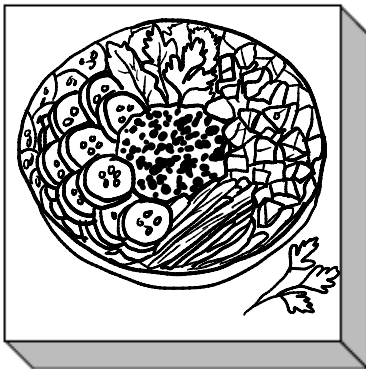
Host plates the hot salmon
from grill/stove.

Narrator: "Once grilled, let
it rest before plating and
then plate."

Scene
6

Shot Medium Shot

Duration 20 Seconds



Transition Fade

Quinoa salad being mixed
together with previously
shown ingredients

Narrator: "Mix cooked
Quinoa, diced cucumber,
tomato's, and fresh parsley."

Scene
7

Shot Top-Down

Duration 15 Seconds



Transition Cut

Dressing being whisked
together by the host before using
it for salad

Narrator: "Whisk lemon juice,
olive oil, salt, and pepper, then
dress the salad."

Scene
8

Shot Close-Up

Duration 20 Seconds

Group: Hannah Guy

Storyboard Form

Page 3 of 3

Date: _____



Transition Fade

Lemons are being
sliced and added to the
water with mint as
well for the drink

Narrator: "For a refreshing touch,
Add sliced lemons and mint to
your water."

Scene
9

Shot Close-up

Duration 15 Seconds



Transition Cut

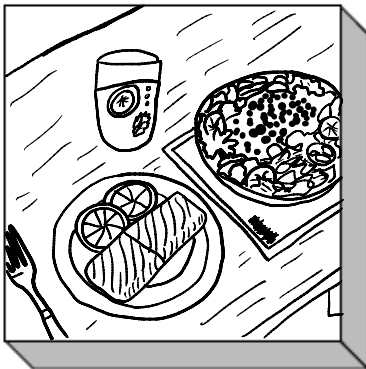
Host starts pouring water
into glass

Narrator: "Serve the lemon mint
water chilled with ice."

Scene
10

Shot Medium Shot

Duration 15 Seconds



Transition Zoom

Host shows complete meal set at
the table.

Narrator: "Here's our beautiful,
Healthy pescatarian meal ready
to enjoy!"

Scene
11

Shot Wide Shot

Duration 20 Seconds



Transition Dissolve

Host waves goodbye and
completes outro

Narrator: "Thanks for watching!
Don't forget to like, subscribe,
and try this recipe at home. See
you next time!"

Scene
12

Shot Medium Shot

Duration 25 Seconds